



WINTER 2023

# THE 150 KING WEST CONNECTION

## AWARDS AND CERTIFICATIONS FOR 150 KING STREET WEST

It is a great honour to announce that 150 King West has earned the prestigious BOMA Certificate of Excellence Designation.



The BOMA Certificate of Excellence is a globally recognized standard for operational best practices. It sets the benchmark for building owners and managers who aspire to stand out from the competition, and our designation demonstrates that we have surpassed this standard across all areas of operations and management.



### CP24 CHUM CHRISTMAS WISH 2023

150 King West is proud to support the annual CP24 CHUM Christmas Wish toy drive. A donation box will be placed on the ground floor, main lobby the first week of December. We encourage you to drop off new, unwrapped toys for children (infants to 18 years old).

More Information on gift donation tips can be found at [thewish.ca](http://thewish.ca) or by contacting us at [150kingwest@bgo.com](mailto:150kingwest@bgo.com)



### TENANT HOLIDAY BREAKFAST (DEC. 19TH AND 20TH)



We are greatly looking forward to seeing all of you at our Annual Tenant Holiday Breakfast on December 19th and 20th. The breakfast will take place on the 27th floor.

Please keep an eye on your Inbox for your Invitation for distribution and posting.

Happy Holidays!

A WARM WELCOME TO OUR NEW TENANT



# THE 150 KING WEST CONNECTION

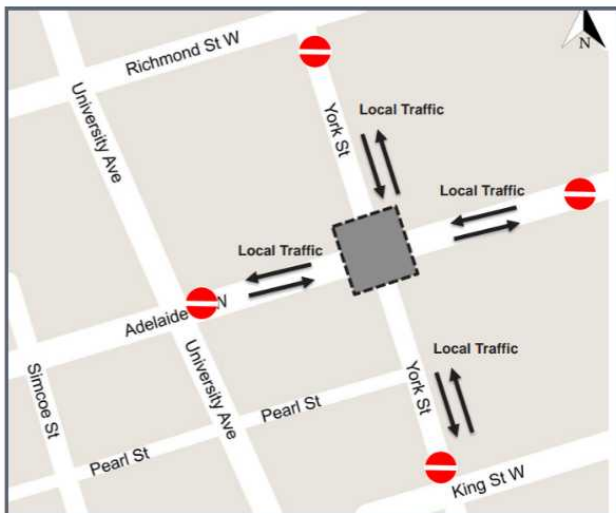
## ROAD CLOSURE INFORMATION

### YORK ST: FULL CLOSURE (NOV. 1ST - DEC. 15TH)



Please be advised that the TTC has fully closed Adelaide Street to work on the TTC Track Utility Relocation at York Street/Adelaide Street from November 1st, 2023 to December 15th, 2023.

During this time, no traffic will be permitted through the Intersection. Traffic has been reduced to one lane in each direction through the work zone, and Pearl Street will remain open for the duration of the project.



### WATERMAIN REPLACEMENT ON UNIVERSITY AVE. (NOV. 27TH - JUL. 31ST)

The City of Toronto plans to replace the watermain and City-owned portion of substandard water services on the west side of University Ave. from College Street to 120m north of Queen St. West. Additionally, roadway resurfacing and upgrades to the existing ActiveTO cycle track will be completed from College St. to Dundas St. West.

This work will take place starting November 27th, 2023 and end on July 31st, 2024.



## REBRANDING: FROM BENTALLGREENOAK TO BGO PROPERTIES

On the ground and in every property that we have the honour of serving, our people represent the best of our brand. We are excited to share that BGO's growing real estate operations, property management, and leasing business in Canada is also unveiling a refreshed identity. Moving forward, our market-facing brand will be called BGO Properties, representing all the same values that you have come to expect from us: PASSION. PARTNERSHIP. PERFORMANCE.

We hope that the fresh look and feel of our communications are a welcome change that conveys the optimism and clarity of purpose that our teams are feeling. (It is important to note that there are no changes to our formal name/legal entity in Canada – none of our contracts, leases, agreements, or legally binding documents require adjusting.)

Thank you for being a part of this exciting step in our firm's story.

**BREAKING  
NEWS**



# THE 150 KING WEST CONNECTION

## INTRODUCING: OUR ROOFTOP MICROHABITAT FARM!




We are pleased to announce the Introduction of our urban Microhabitat farm, located on the roof of 150 King West.


Our urban farm goes beyond the simple vegetable garden by: growing 300 pounds of vegetables, edible flowers, and herbs donated to local food banks and our community; 500 edible plants providing food and shelter for pollinators and other beneficial insects; and 160 meals offered to the Breakfast Club of Canada. Together with Microhabitat, we are cultivating change and helping to build a healthier community, society, city and world!





### Did you know?

Your MicroHabitat urban farm is becoming a rich, nurturing ecosystem where life flourishes. Here are some facts to share with your community!

  
Urban agriculture offers concrete solutions to combat climate change because it promotes water infiltration through the root system and it also reduces the risk of flooding because runoff water is reduced and excess water can be stored.

  
Cities have an average temperature of 5 to 10 degrees Celsius higher than the outlying areas. This phenomenon, known as a "heat island", is due to the high concentration of built-up areas that absorb and re-emit heat from the sun. In contrast to urban environments, natural areas such as forests and vegetable gardens remain cool thereby reducing heat in the area.

  
Several studies have shown that contact with nature reduces stress and anxiety, as well as increasing well-being and performance at school and work.

Urban agriculture improves air quality in our cities because it acts as a natural carbon capture system. 

  
Urban farms help preserve biodiversity in cities while contributing to the development of rich and diverse ecosystems.

  
MicroHabitat urban farms are an ideal solution to act as an oasis for pollinators.

### HOLIDAY HOURS

The BGO Office will be closed along with the Loading Dock, and entry into 150 King West will be restricted to card access only on **Monday, December 25th, 2023; Tuesday, December 26th, 2023; and Monday, January 1st, 2023.**



The concourse corridors on the PATH system will be open in accordance with subway hours. If you require any special requests for these dates, please notify building management before 10:00AM on Tuesday, December 19th, 2023 to ensure your requirements are met. The management office and building will resume normal operating hours on Tuesday, January 2nd, 2023. Happy holidays and best wishes for the New Year!

# THE 150 KING WEST CONNECTION

## LUNCHTIME FITNESS LESSONS WITH WELLNESS AT WORK



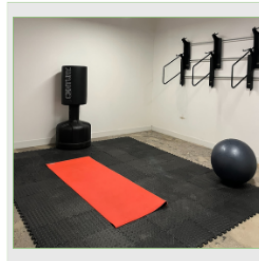
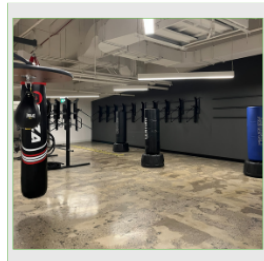
Our 45-minute fitness classes are complimentary with your annual Wellness @ Work membership, and vary from yoga to cycling to HIIT to pilates! The sessions are led by certified Instructors and are suitable for all skill levels.

You can find the class schedule posted in our elevator lobbies, or on our website at <https://150kingwest.ca/amenities/>

For more details about our Wellness @ Work facility at 150 King West, please contact us at [150kingwest@bgo.com](mailto:150kingwest@bgo.com) or visit our website.



### ANNOUNCEMENT: BOXING WITH ALEXEY



Exciting news, members! Our Boxing with Alexey fitness class just got an upgrade with new and improved equipment. Join the trend and elevate your fitness routine. Gear up to unleash your inner warrior - start prioritizing your well-being today!

## PAST EVENTS

### 'WHAT'S THE BUZZ?' KIOSK



### TENANT APPRECIATION BBQ



Our annual tenant appreciation BBQ this summer was a success - delicious food, fun music, and great company made for a wonderful afternoon!

### THE WONDERS OF BEESWAX



In October, our tenants discovered the enchanting art of hand-dipped beeswax candles and dove into the rich history of this timeless tradition.

### URBAN BEEKEEPING EDUCATION BOOTH



STRENGTHENING THE COMMUNITY AND HELPING  
THOSE IN NEED

Below are fund raising efforts spearheaded by  
BGO, BGO employees, or funded by BGO.



**CIBC RUN FOR THE CURE**

\$33,240.35

**KIDS HELP PHONE**

OVER \$108,000

**TORONTO REFUGEE CRISIS**

PHYSICAL DONATIONS TO BLACKNORTH INITIATIVE

FOR MORE INFORMATION, VISIT [150KINGWEST.CA](http://150KINGWEST.CA)

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