



# The 150 King Street Connection

Summer 2016

## 2016 tenant survey coming soon

Every two years, Bentall Kennedy distributes a survey that allows tenants to assess and provide comments about areas in which our management services exceed expectations, as well as target areas in which we could improve. This survey serves as an important tool in ensuring that our tenant wants and needs are satisfied to the best of our abilities.

Please watch for the survey to arrive this fall. As always, your time and input are very much appreciated.

## Lunchtime yoga and Pilates sessions score!

We are pleased to announce that our lunchtime yoga and Pilates sessions have been a huge success, based on many positive comments from the large number of participants.

The 45-minute classes concentrate on yoga meditation postures, combined with a core strengthening workout to increase strength, flexibility and energy. The sessions are led by certified instructors and are suitable for all skill levels.

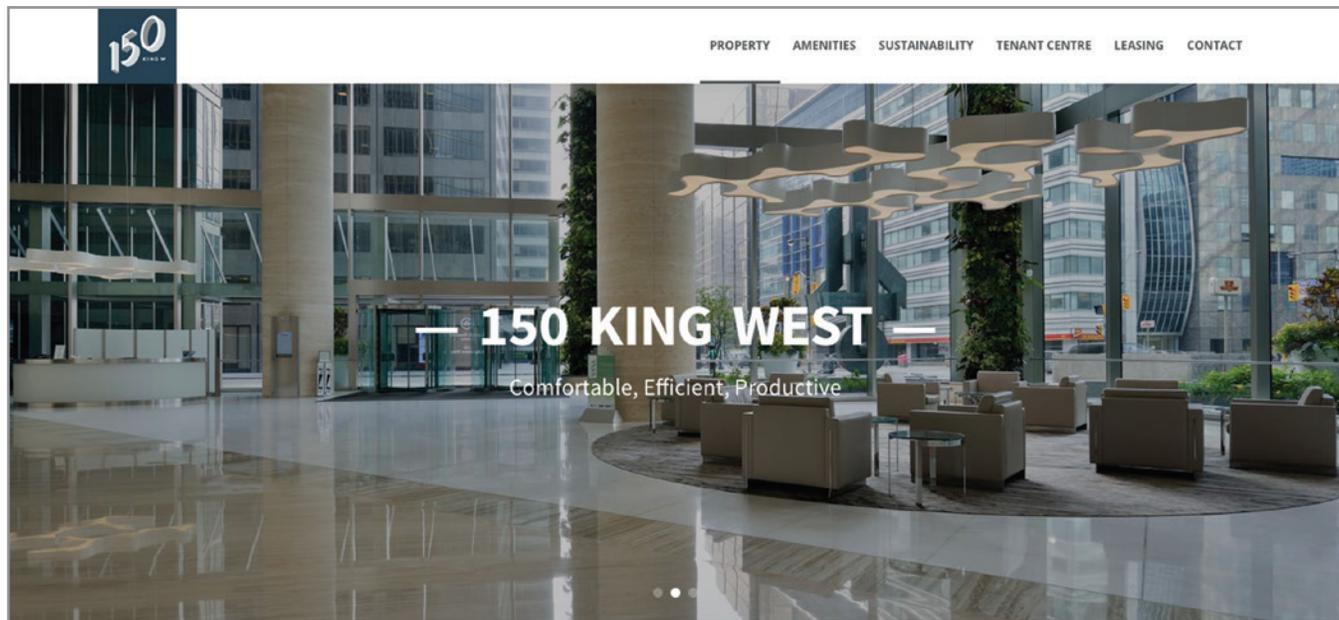
If you are interested in participating or would like more information, please contact [150kingwest@bentallkennedy.com](mailto:150kingwest@bentallkennedy.com).

**New crossover floors: 3, 7, 11, 13, 17, 20, 25 and 28M**

Crossover floors are designed to allow safe access to the alternate stairwell, should one stairwell become unusable during an emergency evacuation.

## New 150 King West website

The 150 King West website has received a facelift! Visit us at <http://150kingwest.com> and explore our new interactive website!



## A smooth transition to day cleaning

To further our commitment to sustainability, 150 King Street West transferred from night to day cleaning earlier this year. As a result of the transition, we expect to reduce our carbon dioxide emissions by 117 metric tonnes per year— equivalent to 583 trees (1 acre of trees) being planted or the annual emissions from 21 vehicles commuting 48 kilometres per day.

Day cleaning not only provides environmental benefits; it is also designed as an interactive service to meet your needs. We encourage you to talk to your cleaner regarding any cleaning requests you may have for your area, in order to achieve the best service possible.

The program consists of light cleaning during the day and heavy cleaning during non-standard business hours and promises to deliver significant economic and environmental benefits, including reducing our building's environmental footprint.

Thank you for your cooperation in making the Day Cleaning program a success.

## Fire safety – tips and reminders

### IF YOU SEE A FIRE:

1. Leave the fire area.
2. Close doors behind you.
3. Pull a fire alarm (located at each stairwell).
4. Contact the Fire Warden and follow their directions.

### Fire Warden duties:

- Become visible to coworkers (verbally or by using armbands).
- Get people moving to exits in a safe direction or location.
- Confirm that persons requiring assistance are being assisted, and report their waiting locations.
- Confirm that all your areas have been searched by Fire Wardens or Assistants (doors to be closed, equipment to be turned off when required).
- Confirm that accountability has been noted and is accurate (number, where, condition).
- Exit floor into stairwell and proceed down in a safe manner.

### Important notes:

- Always use the closest stairwell/exit. This will help with congestion on stairwells.
- Keep moving in the proper direction away from the building and maintain a safe distance.
- Avoid carrying items that can become a trip hazard down the stairs. These include travel mugs, water bottles and cell phones.



## Waste diversion update

Tenants at 150 King Street West continue to reduce, reuse and recycle. In May of 2016, the building achieved an overall diversion rate of 87%. This helped the environment by saving:

- 558 mature trees
- 939,780 litres of water
- 293.2 tonnes of CO<sub>2</sub>
- 851 barrels of oil
- 1,445,770 kWh of energy
- 407.6 cubic metres (533.1 cubic yards) of waste diverted from landfill.

We are thrilled with the support of our tenants, waste haulers and cleaning staff in all of your efforts to reduce our environmental impact as much as possible.

In keeping with our diversion efforts, please be reminded of how to properly sort your waste and recycling:

- **Blue bin (recyclables)** – office paper, newspaper and magazines, envelopes, boxboard, plastics, cans and bottles, coffee cups and lids, milk and juice cartons
- **Black bin (landfill)** – Styrofoam, plastic cutlery and straws, paper soft drink cups, stir sticks, sandwich wrap, bubble packaging
- **Green bin (organics)** – food waste, coffee grounds and filters, tea bags, eggshells, plant waste, meat, fish and bones, paper towel and tissues, soiled paper plates
- **E-Waste** – *Be sure to clear all data (where applicable) before disposing of items in the appropriate collection box:*
  1. Pagers, computer and peripherals, televisions, stereo and speakers, cameras, cables – Deposit these items in the collection box located at the loading dock.
  2. Batteries, toners and cell phones – Deposit these items in the collection box in the lobby.

## PAST EVENTS

### Tenant appreciation BBQ – August 2016

On August 26, 150 King Street West held its annual summer barbeque, this time inspired by the 2016 Summer Olympic Games hosted in Rio. The Brazilian-themed barbeque featured a delicious fare of Brazilian beef ribs, grilled chicken shish kebabs, pulled pork, grilled portobello mushrooms with feta and sun-dried tomatoes, quinoa and grilled corn salads and fresh watermelon—with popsicles and ice cream for dessert. The DJ played Brazilian music to entertain our tenants as they enjoyed their meals and socialized with one another.



### Earth Hour Challenge results – March 2016

Earth Hour is the largest environmental action in history—and once again, Bentall Kennedy demonstrated our commitment to reducing the environmental footprint of the properties we manage by switching off all non-critical lights in the building.

In Toronto this year, participation increased by 70% over last year's Earth Hour. Toronto participants contributed to a 3.2% drop in electricity demand—the typical amount of electricity used in an hour by 36,000 homes!

Sincere thanks are extended to all participants for making the 2016 Earth Hour so successful.

### Another successful PATH Underground Clothing Drive – January 2016

The Yonge Street Mission held their 18<sup>th</sup> Annual Longest Underground Walkway Clothing Drive from January 18 through 22. Every year, this clothing drive collects over 6,000 bags of clothing for the Yonge Street Mission's Double Take Store that provides affordable clothing to the community, especially helping individuals in first-time employment. Funds that are gained through the sale of donated clothing further help the charity in its work.

This year the Yonge Street Mission collected 6,400 bags—that's 65% of Double Take's annual clothing needs collected in just one week! Everyone who contributed a bag of clothing was given a contest ballot for a chance to win prizes donated by sponsors. We are proud that 150 King Street West collected a total of 186 bags of clothing for the charity.

## Winners!

### Holiday Ornament Challenge

- 1) Golden Star Resources
- 2) Martha Palaroan
- 3) McEwen Mining

### Monthly Destination ForeverGreen prize winners:

**February 2016** Martha Palaroan, Sun Life Financial – \$75 MEC gift card

**March 2016** Tara Webster, Sun Life Financial – artisan hand-blown glass lamp

**April 2016** Use Your Electronics Responsibly – Alex Yeung, Radar Capital; Sheila Gupta, Swiss Reinsurance – smart power bar

**May 2016** Alex Yeung, Radar Capital – solar-powered backpack

**June 2016** Alex Yeung, Radar Capital – water-filtration jug and reusable S’well water bottle

## Welcome

**CST Trust Company – Suite 2010**

**Scotiabank – Suite 1800, 2510 and 2600**

**Skyline Investments – Suite 2108**

## Did you know?

**An automatic dishwasher uses approximately 34 to 45 litres (9 to 12 gallons) of water while washing dishes by hand can use up to 75 litres (20 gallons).**

**We hope you’re all enjoying a fantastic summer!**



## Contact us... Here’s how:

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